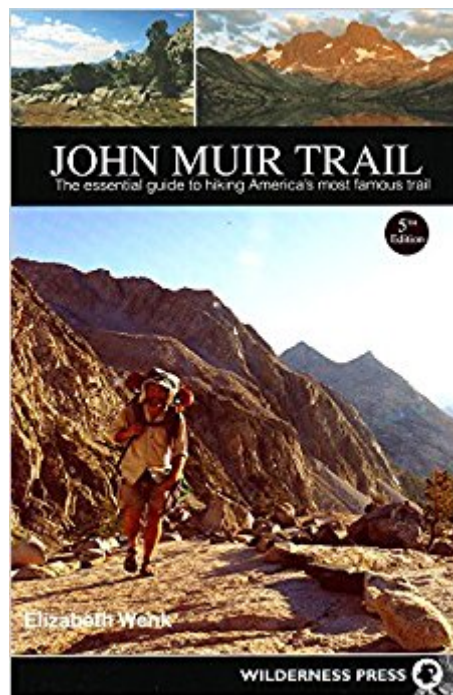




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# John Muir Trail: The Essential Guide To Hiking America's Most Famous Trail



## Synopsis

Elizabeth Wenk's authoritative guide describes the 212-mile John Muir Trail, running from Yosemite Valley to the summit of Mt. Whitney. John Muir Trail provides all the necessary planning information, including up-to-date details on wilderness and permit regulations, food resupplies, trailhead amenities, and travel from nearby cities. Useful essentials are updated GPS coordinates and maps for prominent campsites (along with an updated list of sites along the trail), trail junctions, bear boxes, and other points of interest. The trail descriptions also include natural and human history to provide a workout for both body and mind; a must-have for any Muir Trail enthusiast. Note that the text includes the southbound trail description, while the full guide with the northbound description is available as a separate ebook product.

## Book Information

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## Customer Reviews

This is a book review about a trail that Backpacker Magazine has called twice America's greatest trail, the 212 mile long John Muir Trail (JMT) which starts at Yosemite Valley in California and ends at Whitney Portal after you finish getting to the summit of Mt. Whitney, the tallest mountain in the 48 contiguous US States. I just finished reading Elizabeth Wenk's 5th edition of her classic 2007, 4th edition, JMT Guide book. Both books are exactly 296 pages long (counting the introductory pages). The 5th edition book contains much more information (some written and much visual). In the previous edition she included information for both the popular direction (Southbound also called SOBO) and the less popular Northbound (also called NOBO). She migrated the 79 pages of

information about the NOBO route to the electronic edition of the book that is forthcoming. This is because the vast majority of JMT hikers do the SOBO route because it starts at a low elevation (around 4,000 feet) versus starting at the end, Mt. Whitney, which is 14,505 feet high. Most hikers want to slowly acclimate to higher elevations, myself included. I have done the JMT Southbound 6 times now and will be doing my 7th consecutive annual JMT hike in the summer of 2014. She has used these freed-up 79 pages to go into more depth about doing the JMT hike. The book has new maps of the trail and now number 16 maps instead of 13. In the 4th edition, each page of a book showed one of the 13 map pages. In the 5th edition, each map page spans two book pages, so the maps are more than twice as big in the 5th edition, and they include an extra color (black/white/red vs black/white). The new maps represent the biggest improvement from the 4th edition.

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